

LINKAGE BEARING HELP

Making things go round

► Mud, dust and misuse of the almighty pressure washer does bad things for bearings. Linkage bearings take a beating and replacement is inevitable, so Pivot Works makes life easier with bearing kits for every part of your dirt bike. Here's a breakdown on how to change those squeaking and knocking bearings.



1
The goods to replace the lower shock mount bearing from Pivot Works.



2
With the help of a sharp implement, remove the seal. Don't hurt yourself.



3
Now remove the inner sleeve of the bearing and watch all the bearings fall to the ground. Don't worry, you have new ones.



4
Find a socket that is the same size as the bearing and carefully hammer it out. Support the knuckle on wood. If it's hard to get out you can use a vise to get it started.



5
Putting the bearing in the freezer for about an hour helps to contract the metal and make it slide into the linkage knuckle easier.